

# Meal planning and dietary restriction management

Automates weekly meal planning by analyzing children's dietary restrictions and generating compliant menus that are communicated to parents and kitchen staff. Ensures regulatory compliance while reducing manual meal planning time by 80%.

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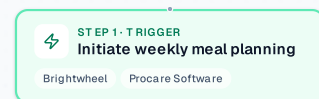


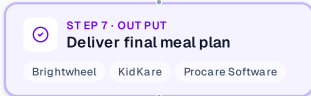
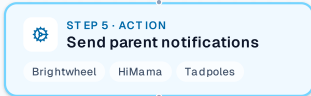
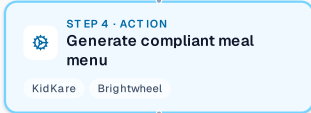
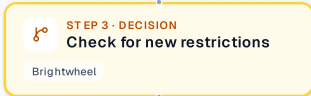
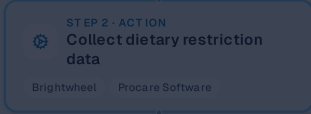
## WORKFLOW TRIGGER

Weekly meal planning cycle begins (every Sunday at 6 PM)

## Visual Flow

Each node represents an automated step. Connections show how data and decisions move through the workflow.





# Step-by-Step Breakdown

Detailed explanation of each automated stage in the workflow.

1

⚡ TRIGGER

## Initiate weekly meal planning

Workflow automatically triggers every Sunday evening to begin the next week's meal planning process. System pulls current enrollment data to determine how many meals to plan.

2

 ACTION

### Collect dietary restriction data

System aggregates all active children's dietary restrictions, allergies, and special meal requirements from enrollment records. Data is compiled into a comprehensive dietary requirements list.

Brightwheel

Procure Software

3

 DECISION

### Check for new restrictions

Workflow evaluates if any new dietary restrictions or allergies have been added since last week's planning. Branches to either use existing meal templates or create modified menus.

Brightwheel

4

 ACTION

### Generate compliant meal menu

System creates weekly meal plan ensuring all dietary restrictions are accommodated and state licensing nutritional requirements are met. Alternative options are automatically generated for restricted diets.

KidKare

Brightwheel

5

 ACTION

### Send parent notifications

Automated messages are sent to parents containing the weekly menu with their child's specific dietary accommodations highlighted. Parents can review and approve or request changes within 24 hours.

Brightwheel HiMama Tadpoles

6

 ACTION

## Generate kitchen prep instructions

System creates detailed preparation instructions for kitchen staff including ingredient lists, portion sizes, and special preparation notes for dietary restrictions. Shopping lists and prep schedules are automatically generated.

KidKare Procare Software

7

 OUTPUT

## Deliver final meal plan

Complete meal planning package is distributed to all stakeholders including finalized menus, kitchen instructions, shopping lists, and dietary compliance documentation for regulatory records.

Brightwheel KidKare Procare Software



## Outputs

## AI Business OS

- Weekly meal menu with dietary accommodations
- Kitchen preparation instructions and shopping lists
- Parent notification messages with personalized dietary information
- Regulatory compliance documentation for meal planning



### Key Metrics

- Meal planning time reduction percentage
- Dietary restriction compliance rate
- Parent satisfaction with meal communication



### Tools & Integrations

- Brightwheel
- Procare Software
- KidKare
- HiMama
- Tadpoles

## AI Business OS

Actionable AI implementation strategies for business leaders ready to transform their operations.

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